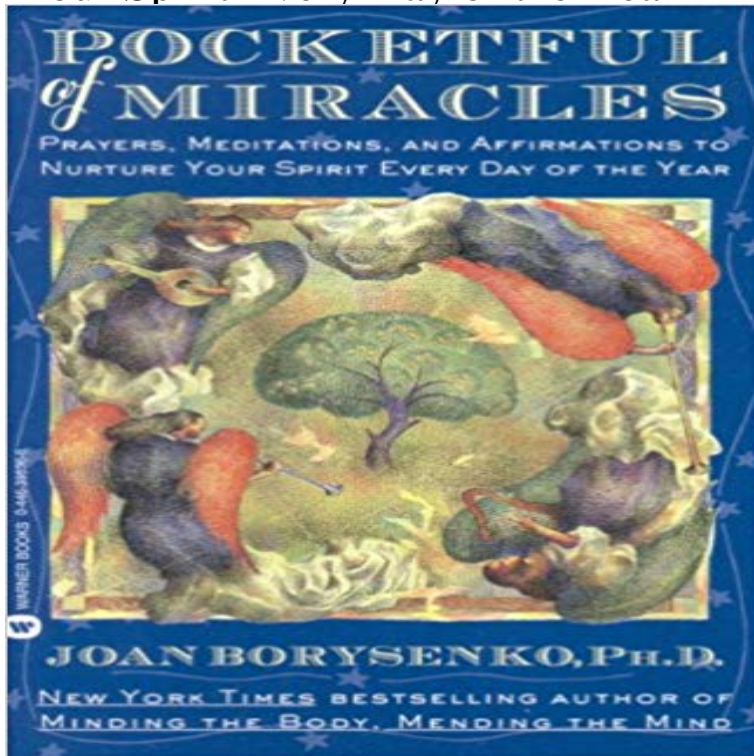


# Pocketful of Miracles: Prayer, Meditations, and Affirmations to Nurture Your Spirit Every Day of the Year



From the New York Times bestselling author of *Minding the Body, Mending the Mind* comes a powerful collection of spiritual activities that we can use every day in order to create miracles in our lives. Through daily meditations and exercises, Borysenko helps us to let go of fear and realize the light of peace.

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