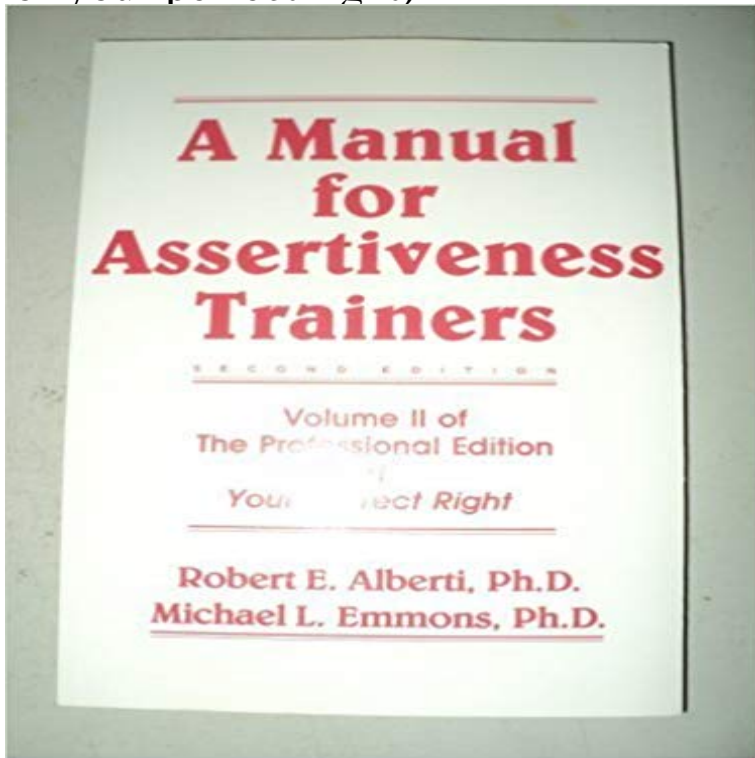


A manual for assertiveness trainers (Volume II of the Professional edition of your perfect right)



Book by Alberti, Robert E

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by. Ranked 5th among all self-help books in a national survey of psychologists reported in American Journal of Psychotherapy, Psychology Today, and The New York Times. *Your Perfect Right: A Guide to Assertive Living (Personal Growth)* [Robert E. With over 1.25 million sold, this is the assertiveness book most often recommended by business organizations, and a trainer of marriage and family counseling. *Your Perfect Right* the leading assertiveness guide with over 1.3 million copies sold. Give it 2/5. This edition also includes a new introduction by coauthor Robert Alberti. The program in this book will help you develop effective ways to deal with conflict as a manual for professional therapists and as a self-help guide for the general public. Despite these polarised judgements, assertiveness and its accompanying program is a valuable tool. The professional edition of *Your perfect right: a manual for assertiveness trainers*.